

## Family Health

### Home health care . . .

While medicine has made great strides forward in dealing with illness and injury, there is nothing more disconcerting than not being able to deal with accidents and health crises at home.

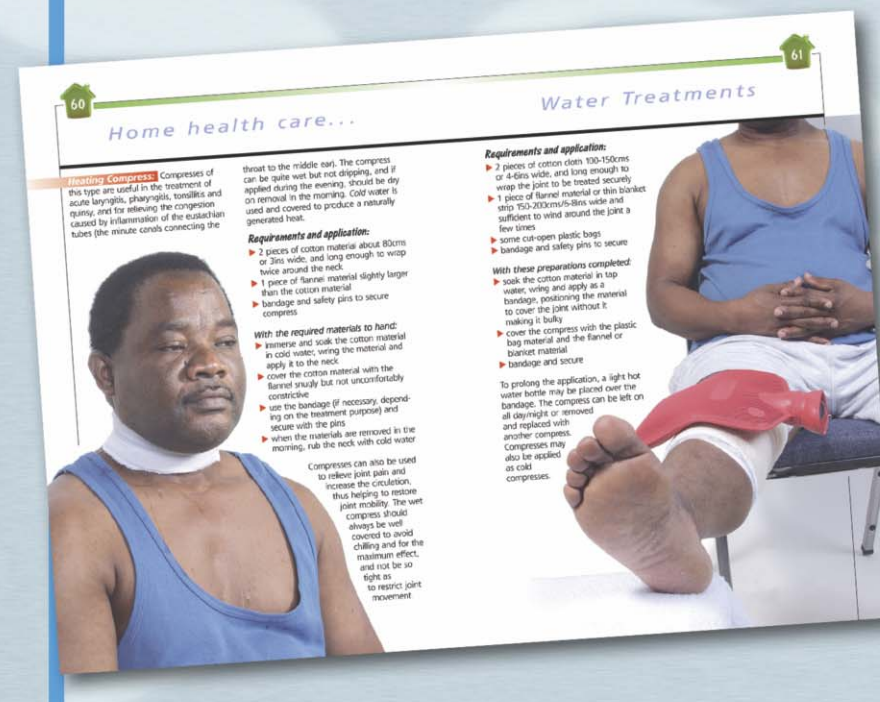
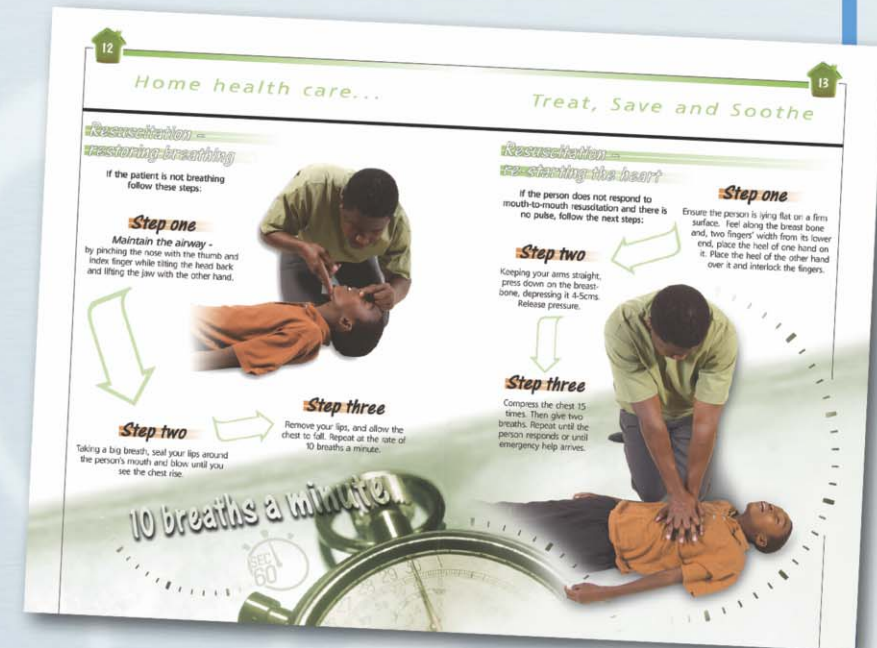
**This book combines FIRST AID measures and SIMPLE HOME TREATMENTS, addressing many of the health problems likely to occur, and explains how family members can apply effective remedies.**

Written by R. J. B. Willis, an internationally-published author, and J. M. Wilby, who was honoured with the award of the Order of St John for his work in Africa and Britain as a Chief Ambulance Officer, this book is an essential read for keeping your family safe and helping you deal with those emergencies in the home.

Series: Family Health  
112pp Hardback  
Richard J. B. Willis and John M. Wilby

This hard-cover 112-page book explains:

- How to give First Aid
- Restoring breathing
- Restarting the heart
- Dealing with an unconscious person
- Taking the pulse
- Bleeding
- Broken bones
- Burns and scalds
- Choking
- Eye injuries
- Head injuries
- Heart attack
- Poisoning
- The First Aid book
- Water treatments
- An A-Z of home remedies, including conditions and treatments.



**An essential read for keeping your family safe and helping you deal with those emergencies in the home.**