



Lifestyle Books

To Have & To Hold

A 'marriage manual' for wives and husbands alike.

To Have & To Hold will not only outline a woman's responsibility in holding the marriage together but will also help men find a better balance among the pursuit of goals, career fulfilment and a happy family life.

To Have & To Hold is a book that goes beyond theory and explores hundreds of concrete, practical methods on which husband and wife

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can work together in achieving a happy married life.

To Have & To Hold is aimed at three specific groups of people:

- Young couples preparing for marriage.
- The average couple looking to liven up their average marriage.
- Troubled couples that are looking to solve their problems and enjoy a happiness not yet realised.

'When you take the time and effort to make a marriage good, the rewards are enormous.'



The purpose of this book is to serve as a guide to marital happiness.