

Saving Planet Earth – Can we? Should we?

here is one issue that affects everyone on the planet, whether or not

breakdown and the multiple ecological crises which are affecting us

we want to recognise it. Our attitude to general environmental

all was the subject of the March Diversity Lecture at Newbold College of

Higher Education. On the evening of Tuesday 5 March, an audience of

Christians from the Newbold campus and various local churches heard



flood with a bucket full of holes. Climate

change exacerbates all the other problems.' Human population growth combined with the rate of Western

consumption is the third area of concern. 'If everyone lived like the average Westerner, we would need 3+ planets before everyone in the world could live as we do.' Bookless pointed to a huge issue of

consumption injustice - the world's richest 20% of people consume sixteen times more than the poorest 20%. Water stress was the fourth issue. As resources deplete, rainfall lessens and the glaciers melt, this century's wars are more likely to be about water than anything else. General resource depletion was the final section in Bookless's apocalyptic ecological scenario. As the population increases, as less food is planted and/or wasted, as fertiliser consumption increases and crops are destroyed by extreme weather events, as more meat is consumed in the West and fish stocks decrease while air travel gets exponentially cheaper, humanity's impact on the planet becomes ever greater. Bookless's next question was already echoing around the minds of the audience: 'Is it too late to save Planet Earth?' And, just as important for this audience, 'Should we try to?' Bookless's answer was an unequivocal 'yes'. He described how some Christians have been uninterested in ecological matters, saying things like, 'Saving souls, not saving seals, is what matters', or, 'Care for the poor, not the porcupines', or, 'God will destroy the earth - so why should we care?' Others have argued that this world is not our home or that lower species are here for the use of humans, who are higher in the hierarchy of nature. Bookless argued that these ideas all ignore the biblical teaching that God both created and loved 'the world' (that is, the cosmos, not just humanity), and that if Jesus Christ is to be Lord at all, then Jesus Christ must be Lord of all. 'All' includes not only global ecology but also business, politics, arts, culture, sports, poverty and medicine. Arguing from the story of Noah, Bookless pointed out that God saved only eight human beings but animals of all kinds, clean and unclean, and that God's

A Rocha International, speak on the subject, 'Saving Planet Earth – can we? Should we?' His challenge was direct: 'As Christians, is environmental concern marginal – or core to our faith? With supporting data throughout, the first section of his lecture explored five ecological crises described in last month's report from the Institute of Public Policy Research.

the Revd. Dave Bookless, Director of Theology for

Bio-diversity loss – the loss of creatures like flying insects and bees – and the loss of whole species – was the first breakdown. Insects provide food for many other species. 'If you take away the foundation, the whole thing will come tumbling down,' said Bookless. 'By reducing bio-diversity we are effectively cutting off the branch that we sit on.'

The second crisis, **rising global temperature** – often expressed in freak weather – has direct and indirect effects on human populations and crop yields. 'The people who have done least to cause the problems are the most likely to be affected,' said Bookless. 'Forget "make poverty history"; climate change is making poverty permanent.' He quoted a Christian climate scientist, Dr Katharine Havhoe:

'Tackling poverty, disease, war, injustice, economic inequality, natural disasters [and] biodiversity loss without tackling climate change is like trying to mop up a

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Enhancing health

Sleep and wellbeing – Part 2

Sleep patterns

In their publication outlining the importance of sleep, the Royal Society for Public Health (RSPH) highlight the UK sleep picture, giving it the title: 'Public missing out on a night's worth of sleep every week'.1

- The report revealed the following:
- Four in ten people aren't getting enough sleep.
- One in five sleep poorly most nights.

With the concerns about these statistics, the RSPH have identified that 'a wealth of evidence exists about the fundamental role sleep plays in protecting us from problems with our health and wellbeing. Poor sleep is linked to a wide range of physical, mental, behavioural and performance issues.

In a separate report highlighting concerns regarding the nation's sleeping habits, Shirley Cramer CBE, Chief Executive of RSPH, said: 'We do need to wake up to the benefits of sleep.... Poor sleep and sleep disorders impact on our ability to lead a healthy lifestyle and are associated with a range of diseases such as cancer, diabetes, heart attack and depression.²

We realise the impact of sleep, or lack of it, as research evidence reveals that our sleep patterns (when and how we sleep) also impact wellbeing. An in-depth look at how the nation sleeps has produced some interesting data. The BBC summarised new research published in the journal Chronobiology International in the following way: 'People who go to bed late and struggle to wake in the morning are more likely to die prematurely than early risers, according to new research.'3

Interviewing 433,000 study participants aged 38-73, scientists

analysing their sleep behaviour asked them to identify whether they considered themselves to be a

'definite morning type', a 'moderate morning type', a 'moderate evening type', or a 'definite evening type'.

Sharon Platt-McDonald

- The study outcomes also revealed:
- 'Night owls are 10% more likely to have early deaths than morning larks.
- 'Late risers were more likely to have a range of mental and physical illnesses.

In drawing conclusions, the study adjusted for factors such as age, gender, ethnicity, smoking, body mass index, and socioeconomic status. The data revealed that the chance of early death was lowest in the 'definite morning type'. Conversely, the degree of risk from early death increased among body clock types as they got up later. In preparation for the next issue, enjoy the interactive slideshow at

https://www.bbc.co.uk/news/health-27161671 to ascertain whether you are a 'lark' (early riser) or an owl (late sleeper) in relation to your sleep pattern. We return in part 3, where we will examine the health impact of these two sleep behaviours.

Good health!

¹https://www.rsph.org.uk/our-work/policy/wellbeing/sleep.html ²https://www.independent.co.uk/life-style/health-and-families/health-news/adults-uk-under-sleeping-health-sleep-fatigue-a6963631.html ³https://www.bbc.co.uk/news/health-43711631

covenant was not only with Noah, but also with 'his descendants and every living thing' - with the whole of the earth.

With biblical references from Jewish and Christian scriptures, Bookless suggested that the earth is the Lord's – it is not 'owned' by human beings. In the Jewish scriptures, there were frequent reminders of the importance of caring for creation 'so that creation can worship God by doing what God created it to do'. When relationships are broken between God, humanity and the earth, when human beings assert their supremacy and put their needs first, the land is described as 'suffering', 'groaning', 'mourning' and 'vomiting'. The land is a spiritual barometer, and ecological restoration follows spiritual reformation. In the New Testament, the relationship of Christ to the whole creation is described in Colossians 1 as Source, Sustainer and Saviour.

With a truly 'adventist' conclusion, Bookless's account ended with the renewal, repair, and restoration of the planet and its people in a 'new heavens and a new earth', liberating creation from 'its bondage to decay' a truly ecological climax for a Creator God.

So - how can we be good caretakers of Planet Earth in the meantime? Bookless gave a variety of examples of how his own organisation, A *Rocha*, is caring for the planet. Details can be found on their website: https://www.arocha.org/en/.

The Q&A – as usual – was one of the most interesting parts of the evening. Discussion ranged from the creation/evolution debate to individual vs governmental responsibility and the extent of the difference one person can make, especially when democratic governments are elected on the basis of short-term political promises. Ecological change may be less popular but needs long-term policies. Practical tips for individuals included buying less than perfect fruit and vegetables, using the least polluting means of travel available, growing your own food, avoiding the use of plastic, and eating less meat – preferably a vegetarian or vegan diet. Nobody could say the audience went home without hope or a strategy to help care for God's creation.

Stewardship

'We are God's stewards, entrusted by Him with time and opportunities, abilities and possessions, and the blessings of the earth and its resources. We are responsible to Him for their proper use. We acknowledge God's ownership by faithful service to Him and our fellow human beings, and by returning tithe and giving offerings for the proclamation of His Gospel and the support and growth of His church. Stewardship is a privilege given to us by God for nurture in love and the victory over selfishness and covetousness. Stewards rejoice in the blessings that come to others as a result of their faithfulness.

(Gen. 1:26-28; 2:15; 1 Chron. 29:14; Haggai 1:3-11; Mal. 3:8-12; Matt. 23:23; Rom. 15:26, 27; 1 Cor. 9:9-14; 2 Cor. 8:1-15; 9:7.)'

Seventh-day Adventist beliefs regarding stewardship as expressed by the General Conference of Seventh-day Adventists https://www.adventist.org/en/beliefs/living/stewardship/



It's an absolute scandal

The Telegraph's chief reporter entered the editor's office with great excitement. 'I've got a scoop, a scandal, and it's a good one: a very good one!'

The editor sat up with interest. 'Not had a good old-fashioned scandal for guite a while,' he smiled hopefully, 'What have you got?'

'It's about Winston Churchill's private secretary, who once had a liaison with Lady Williams of Elvel, the reporter replied excitedly.

'Oh, you mean the mother of the Archbishop of Canterbury?' replied the editor.

'That's right,' said the reporter. If he was right, the readers would love this story: not just any old scandal, but an establishment scandal, one centred around the current archbishop. It was bound to be front-page news, would last for at least two or three editions, and would even help increase badly needed circulation figures.

As editor and reporter discussed together, they both experienced fleeting moments of conscience, aware they'd be responsible for exposing the archbishop's early messy personal life. It was a matter which, once revealed, would be both devastating and embarrassing to the living individuals concerned. But, after all, they reasoned, they were journalists, dedicated to the pursuit of truth, and in their judgement this one easily passed the 'public interest' test.

The story was published in *The Telegraph* on 8 April 2016 with the opening lines: 'The Archbishop of Canterbury has discovered he is the illegitimate son of Sir Winston Churchill's last private secretary after taking a DNA test to prove his paternity, The Telegraph can disclose." Naturally, the paper contacted Archbishop Welby before publishing, who shared in a statement that the revelation had been a 'complete surprise'. Such understatement must have surely masked his intense personal trauma. Lambeth Palace officials immediately checked up on canon law. At one time (centuries ago), men born illegitimately could not be archbishops. With a little-known change of that law in the 1950s lifting that bar, they were assured that Archbishop Welby's job was safe. We live in times when identity gains new significance almost every day. Take the Brexit story, for example - do the citizens of the United Kingdom of Great Britain and Northern Ireland want to be British or European? A majority of us declared in a referendum the need to detach ourselves from Europe. No going there on that one in this editorial, but it does remind me of the question, who am I?

What is my identity? And why does it matter?

Let's have a guick go, as it seems that, according to the most recent UK English household census, I have a mix of identities:²

Gender: Male

Marital Status: Married, husband National Identity: British Ethnic Group: English **Religion:** Christian Age: Best kept to myself, I think

And that's just the starters for me. For all of us our identity is complex and mixed, particularly as we unpack the layers of our lives. We do not all live in the country of our birth, clearly resulting in a mixed national identity. Some of us like to identify with a political philosophy or party. Messenger readers not only identify as Christians, but as Seventh-day Adventists, a specific Christian denomination. But there are also hundreds of *Messenger* readers who identify themselves as followers of Manchester United, Liverpool or Chelsea. Intentionally or not, this mix of identities says something about where we belong and who we are. It also creates within us a sense of personal security

A long time ago there was another, bigger scandal in the religious world. To the Jew, the very idea that Jesus could ever replace Moses was absurd. Never could He have been the Chosen One, for their own writings said it clearly: 'a hanged man is cursed by God' (Deuteronomy 21:23). A suffering Messiah was the very opposite of their hope, which was of a King to liberate Jerusalem. Greeks could not believe that God could ever condescend to take on humanity. Gods were supposed to be above feeling, and to suggest otherwise was insulting. Paul challenged this thinking head-on: 'For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For the foolishness of God is wiser than men, and the

weakness of God is stronger than men.' (1 Corinthians 1:22-25.)

A recording of the full lecture can be heard on the Newbold College of Higher Education's Facebook page: https://www.facebook.com/newboldcollege/.

Editoria

The Telegraph got their scoop; the readers, a story. Unwittingly – in the chaos and confusion of a personal tragedy, a scandal – the grace and alory, indeed 'the foolishness' of Christ, shone through, as the archbishop, compelled to respond, said:

'I know that I find who I am in Jesus Christ, not in genetics, and my identity in Him never changes.'

Two days prior to the *The Telegraph* going to press with the story, the *Church Times* reported words Justin Welby shared with a group of young people in Zambia.³

'We need to be a Church where I am who I am because I am in Jesus Christ. That's the only thing that gives me identity....'

Noted!

https://www.telegraph.co.uk/news/2016/04/08/justinwelby-dna-test-reveals-my-secret-father-was-sir-winston-c/ ²https://census.ukdataservice.ac.uk/media/50966/2011 england household.pdf ³https://www.churchtimes.co.uk/articles/2016/15-april/ comment/opinion/identity-in-christ-not-in-dna

All bible texts are from the English Standard Version.



An organic way to connect with your community

Christian sociability is altogether too little cultivated by God's people.... Especially should those who have tasted the love of Christ develop their social powers, for in this way they may win souls to the Saviour.' Ellen G. White, Testimonies for the Church, vol. 6, p. 172.

o you find it hard to share your faith with others? Not because you don't want to, but because you don't know how to? Are you perhaps worried that people won't listen, or even that if you don't do it right you might do more harm than good?

Many of us have been praying and searching for ways that we can share our love of Christ with family, friends and neighbours. We read inspiring stories and attend training conferences and sessions. We've tried Alpha courses and Life Development programmes. and, while they have had their successes, somehow we keep searching for that perfect formula which makes 'witnessing' natural, easy and comfortable.

We live in a time when many are sceptical and distrustful of what they read in the media or what they hear from the lips of politicians and even religious leaders. How do we get past this sort of prejudice?

We believe it is all about relationships. If you can connect with people – you get to know them, and they get to know you - you build relationships of trust and caring. Isn't that what Jesus and His disciples and followers did in New Testament times?

A new outreach ministry

Creative Connections is a new ministry being developed by the Adventist Community Services Department of the British Union Conference. Creative Connections is about connecting with your friends and neighbours in your community, with activities and events that help to build relationships of trust and caring.

The 'Creative' part of Creative Connections is generic to allow for the abilities and talents of the individual or group who is seeking to connect with their community. In the case of The Mission at Learnington Spa, and Newbold College of Higher Education, to name just two, it has begun with creative crafts! And here is why.

Did you know that more than 18.3 million British females are regular crafters, and that the largest growth is in the 16-34 age group (reference taken from 'Craft Intelligence', GB Craft Market Research 2015)? That means that as many as 69% of the women in your church are probably participating in or at least interested in crafts, and it also means that 69%





of your community probably participate in crafts. However, men love crafts too, as we have seen from their attendance at our church craft events.

Not only are lots of individuals crafting for fun, but it has a real social benefit in that it not only helps with building new friendships, but it

can also combat loneliness and can even improve relationships! At one church, one of the members had been having a very difficult time with her teenage daughters. They were fighting a lot with each other and were very disrespectful of their mother. They started coming to the craft workshops and there was a marked improvement in their attitudes. It was something new that they could enjoy together. It wasn't a quick fix, but it provided an opportunity for building a new bond that improved the rest of their relationship.

Sounds like a good place to start ... and so that is what we did! It began with 'crafternoons', which captured the interest and imagination of not just the women, but also the men and

children. Very quickly it was established that 'crafts' were appealing to all ages (children to grandparents), both genders and all races.

Craft Café testimonials

While making cards or learning to knit or creating candle holders (and many other cool



projects) around the craft tables or sharing a 'cuppa' and a piece of homemade cake in the Creative Café, we chatted and shared. Relationships were formed and developed. We made new friends with people who would never have thought of coming through our doors.

And it isn't just women ... no, no, no ... we have whole families who regularly attend. One lady who was heavily pregnant came with her father and little boy. Her father was visiting from India to help with her toddler when the new baby came. The first time it was just the three of them. The next time, she came with her father, her son, her new baby and her husband. For the few months that her father was there, they all came for every event, and when her father had to leave to return to India he told her and her husband that this was a good place and they should continue to attend. And so they have!

At one of our craft cafés, one of our elders was enjoying his hobby of painting with watercolours when one of the fathers attending with his wife and children wandered over to see what Dan was doing. Soon several other fathers joined the conversation and one of them asked if he could try painting. So Dan set them up with paper and brushes, and, as he was talking them through some of the basics, they started to talk about work – and, surprisingly, they all worked at JLR, where Dan also does a lot of work. Suddenly they had two new things to help build their relationship - art and work!

With similar stories happening all the time, the British Union Conference Community Services Department decided to explore ways that this type of ministry could be developed to make it easy for churches and individuals to form trusting and caring relationships. It starts with the launch of Creative Connections.

Creating future connections – how we can help

Creative Connections has an ambitious plan to provide everything you need to begin a craft ministry as a church, or even as an individual. We have developed the resources, such as fun and easy projects to make, with step-by-step instructions, kits with all the materials and packs with tools, and we even have plans to provide online video step-by-step instructions. Projects include techniques such as painting, découpage (decorating with



paper), stamping, cardmaking and more! Churches can hold 'crafternoons' or craft evenings on their premises, or individuals can use the resources to share with friends and neighbours around their kitchen table. One member has a friend who is a full-time carer for an elderly mother. She loves crafts, but has very little time to herself and finds it difficult to get someone to cover for her to be able to attend crafternoons. The solution – for our member to go to her friend's home to do crafts with both her friend and her friend's mother.

Another member moved to a new area and had the occasional craft session around her dining room table for four or five neighbours as a way of making new friends.

In addition to all the materials and tools needed, the Community Services Department is also putting together ideas and suggestions of how to set up a crafternoon, how to engage church members, and how to inform the community, including the use of social media. Oh, and we forgot to tell you that creativity is good for your health! There is even scientific

Creative Connections

research that shows that crafting has great therapeutic value. In fact, we will be using the resources at the upcoming BUC Health Ministries wellness retreat, scheduled for 19-24 May 2019. There are also two training days planned for September and November 2019, supported by the BUC Adventist Community Services Department.

A number of churches are currently piloting creative craft projects as a way of connecting with their communities. The positive results are encouraging. You can be one of them.

Does this sound like an outreach initiative vour church could get involved in? Contact the British Union Conference on 01923 672251 and ask to speak to staff from the Community Services Department to register your interest.

'So it is through personal contact and association that men are reached by the saving power of the gospel.' Ellen G. White, Thoughts from the Mount of Blessing, p. 36.

(Creative Connections is a ministry run by a board of individuals and led by co-directors Sharon Platt-McDonald and Carolyn Schulz.)

Mission

Evangelism is a process



uring February 2018, Pastor Mike Simpson cast a vision for North England Conference members, 'Imagine one hundred evangelistic seminars - [with] two hundred presenters in one hundred locations across the North England Conference. Revelation 1-2-1 will be the reaping event for the "Year of the Laity".

Simpson went on to say, 'It doesn't matter how elaborate our strategic plan or how many committees may meet; a church will never be victorious until members are mobilised under the influence of the Holy Spirit and we have total member involvement?

Pastor Simpson, who is the NEC Director of Missions and Church Growth, encouraged

members to get ready for Revelation 1-2-1 by implementing the four-stage growth cycle:

- 1. Prepare: Members are encouraged to get involved in compassionate service projects such as health and wellbeing programmes, cooking demonstrations, feeding the homeless, foodbanks, tidying the community and so on.
- 2. Plant: Share literature, give a tract a day to someone, and signpost them to Adventist radio broadcasts.
- 3. Cultivate: Have meaningful Bible study with family members, friends, colleagues, and neighbours.

4. Harvest: Run the evangelistic series, 'Secrets of Bible Prophecy'.

With extensive training Conference-wide, members came together for Sabbath services in Chelmsley Wood and Manchester to encourage and pray with each other for the 'Year of the Laity'.

NEC President, Pastor Richard Jackson, shared his vision of how things should be: 'We are concentrating on you, the laity, because we know that this work can only go forward when pastors and laity work hand-in-hand. We believe in you; we trust in you. This work will only go forward when you join with us, and I know that you are ready and waiting to be used, and not by the NEC, but by the Almighty God. I pray that the Lord will bless us during this Year of the Laity. LLINGANI SIRANDA





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Because you are strong Millennials and ADRA-UK

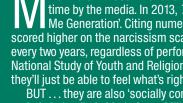


Catherine Anthony Boldeau









optimistic/realistic kind of way. Millennials are pragmatic in supporting causes, and will give their all to whatever that may be?

Eighty-two percent of the entire staff at ADRA-UK are millennials: young people with passion, drive and enthusiasm who work for an organisation that they really believe in. It's a joy to see the excitement on their faces when a bid is completed and then won. It's heart-warming to witness the tears in their eyes as they speak about the needs that they witness in the field. And it's amazing that each member of the team goes way beyond the call of duty to complete each task. The millennials in ADRA-UK buck the trend of being self-serving, entitled and privileged.

'I work for ADRA-UK because I believe we, as humanity, have a duty to use the world's resources to contribute to a fairer world, in partnership with those in-country that are at the forefront of international development. We need people in the world with different perspectives, who wish to create a better world, said Darja Markek, Programmes Officer. Darja manages the REAP 2 Project in Rwanda, which is part of the DFID Girls Education Challenge to educate the most marginalised girls in the world. She is also the Safeguarding Lead, and is responsible for the Monitoring and Evaluation of ADRA's development projects. ADRA-UK has also partnered with Adventist Community Services to run the I AM URBAN initiative, to empower all Seventh-day Adventist congregations in the UK to adopt a sustainable outreach project. The purpose is to motivate members to become more involved in social justice projects to change society for the better through loving service, with particular emphasis on engaging millennials. For this initiative, Max McKenzie-Cook, pastor of the Stevenage and Welwyn Garden City churches, has been seconded to work

with ADRA-UK for one day a week in order to assist with this.

'I am so excited to be involved in I AM URBAN, and to see ADRA-UK actively reaching out to the millennial generation, who are able to carry forward the Gospel of Jesus Christ through social action,' said Max.

'It is a joy to work with such a young and vibrant team at ADRA-UK,' said Pastor Bert Smit, CEO. 'There is always so much going on, and the creativity and enthusiasm that the young people bring to the team is awe-inspiring. It reminds me of the scripture in 1 John 2:14 which I paraphrase as: 'I call on you, young people, because you are strong.' I'd encourage all of our young people who wish to be involved with ADRA-UK to get involved in some of the events listed on our website: www.adra.org.uk.

https://www.time.com/247/millennials-the-me-me-me-generation/ https://www.morriscreative.com/personality-traits-millennials-market-generation



ADRA Connections



Willennials – those who reached young adulthood early in the twenty-first century – are given a hard time by the media. In 2013, *Time Magazine* published its flagship article, 'Millennials: The Me Me Me Generation'. Citing numerous statistics, the article stated that '58% more college students scored higher on the narcissism scale in 2009 than in 1982... 40% believe that they should be promoted every two years, regardless of performance.... They are so convinced of their own greatness that the National Study of Youth and Religion found the guiding morality of 60% of millennials in any situation is that they'll just be able to feel what's right'1 - and of course they are addicted to technology. BUT ... they are also 'socially conscious: they believe they can change the world in a pseudo-





Irish Mission Day of Fellowship

Irish Mission members sing of Jesus' love

Many excellent choirs sang at the Irish Mission Day of Fellowship on Sabbath 16 March, but one united choir, the congregation, captured the theme of the day as they sang their opening hymn of worship, 'We Will Sing of Jesus' Love', filling the Dublin City North Hotel ballroom with genuine and heartfelt praise.

Without doubt, for a day of fellowship the hymn would have been chosen well in advance. But not missed was its perfect link to the Sabbath School lesson on Revelation's seven last plagues: in many ways a link that could have been too easy to miss, were it not for the excellent biblical teaching of Pastor Lorance Johnson. Sure enough, he explained the meaning of the plagues, but was quick to point out that in the middle of this distressing reading there's a brief interlude for a hymn of praise. John describes a group of people singing 'the song of Moses ... and the song of the Lamb' no less than singing of Jesus' love (Revelation 15:3, 4, ESV).

'Fear not, for I am with you'

Not in 15 years had the Irish Mission members received a visit from the President of the Trans-European Division (TED). Pastor Raafat Kamal had previously visited the Irish Mission a few times on administrative business, as one-time ADRA-UK Director, and more recently as Mission to the Cities Co-ordinator for the TED. But on this occasion he was invited to preach God's Word and used Isaiah 41:10 as his key text (NIV):

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SDA Church in 21st Century Europe

'So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.'

As Pastor Kamal explained the meaning of this text, and a central promise of Scripture, his theme emerged. The only reason Seventh-day Adventists exist is for mission. And, through the illustrations he used, he wondered if we're sometimes a little too hesitant about our calling. Here's a key point from his sermon:

'A frequent promise and a common command

'The central most frequent promise in the Bible is: "I will be with vou." The most common command in the Bible is: "Fear not."

Why does God command us not to fear? Fear does not seem like the most serious vice in the world. So why does God tell human beings to stop being afraid?

'My hunch is that the reason God says, "Fear not" so often is not that he wants us to be spared emotional discomfort ... but because fear is the number-one reason human beings are tempted to avoid God – and avoid doing what God wants them to do.

'It is interesting that the first reference to fear in the Bible is in Genesis 3, where Adam moved away from God, was afraid and went into hiding. The key point here is that if you let fear rule you, it will be a challenge to experience the potential that God has placed in you – basically to grow to be a better ambassador for Christ. 'And growth always involves risk, and risk always involves fear.'

He went on to share a story to illustrate this key point. Space does not permit here to tell the amazing story from long ago of a seed that took

root and bore fruit beyond belief. In the next edition of Messenger we will share that story.

'Being a Seventh-day Adventist Christian is more than something vou and I claim to believe. It is something you and I live by and share with others.' Pastor Raafat Kamal

A reflection I was invited to the Day of Fellowship to represent the Stanborough Press. I saw confident members growing in faith. I saw and heard numerous choirs

of more than twenty members singing in a diversity of genres. 'Excellent,' I mused at the end of each item, without exception. To connect with friends not seen for a while was a joy. Some were children and teens just a few years ago, and now they are young adults: confident, committed Christians in twenty-first-century Ireland and Northern Ireland.

Continue to pray for Irish Mission members and their leaders. This observer may be perceived as just a little less than objective on the matter, but Irish Mission members continue to be an incredibly joyful and Spirit-filled segment of the British Union constituency. Remember in prayer the current Mission president, Pastor Dan Serb, and his leadership team. Pray that as they grow in number they will also grow in depth, with a hunger to know and share the love of Jesus. THE EDITOR





members confirmed his calling with the service of ordination.

Pastor lan Sweeney, in the ordination service address, focused on the calling by Jesus to Peter to 'feed My sheep'. Turning a commonly expressed characteristic of a pastor on its head, 'Ministry,' he said, 'does not begin with a love for people, but a love for Jesus' Continuing with possibly the toughest challenge that every person called to pastoral ministry experiences, he said: 'We (pastors) can easily say we love Jesus. But we demonstrate it by how we care for our sheep. If we don't care for His sheep, that is cruelty; that is (spiritual) abuse.' Christian was not the only pastor in the room to recognise the significance of those words. THE EDITOR

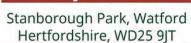


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News



Love, sex, and marriage the biblical way

'Experience is the best teacher, but a fool learns by no other means.' This quote was shared during one of the presentations during the recent relationship weekend held in Leeds, and provides apt advice today in the area of relationships. In this vitally important area of our lives we ought not just to learn from our own experience, or the experience of others, but we also need to apply clear biblical principles to our lives. Throughout the weekend the presenters did just that, sharing from their own relationships and marriages, but also from their previous relationships and interactions with others. Adam and Eve, Isaac and Rebekah, Hosea and Gomer and the calling of the disciples were used as foundations to help quide the discussion.

The theme for the 2019 NEC relationship weekend was 'Love, Sex and Marriage' with guest speakers Sebastien and Candis Braxton. God's ideal was lifted up, but with the reality that we live in a broken world of broken relationships with which many of us are struggling. Topics included: 'Relationships 101', 'God Loves Sex: So Does the Devil', 'Make Love, Not

Porn', and 'Red Flags: Just Stop', each dealt with in an honest and authentic yet biblical way. Sebastien and Candis presented each topic with clear biblical principles: issues that affect both Adventist and community youth.

Commenting later, Naomi Manganye from Leeds Central Church said that it was great to have this NEC event in Leeds. Asked to comment, she said, 'My favourite part about the programme was when we looked at principles from the Bible: Friday (forgotten basics – Adam and Eve), Sabbath afternoon (red flags: keep it moving - Rebekah and Isaac), and also hearing of Sebastien and Candis's experience.

All the presentations from the weekend, attended by 650 youth from across the BUC, were filmed and will be available on the NEC Youth YouTube channel - www.youtube.com/necyouth. The photos are also on our Facebook and Instagram pages - www.facebook.com/necyouth and www.instagram.com/necvouth. PASTOR ADAM RAMDIN, NEC YOUTH DIRECTOR

The Kings' diamond

For the Swindon church family, Sabbath 16 February was special as David and Anita King celebrated their diamond wedding anniversary.

Their love story started with David sending a letter to the *Messenger* in April 1968 to register for a pen pal. Anita did not see that particular notice, but her mum did, and suggested she respond, to which Anita agreed.

With David in Swindon and Anita in Watford, they began to exchange letters, eventually

about their journey together, sharing a kiss



meeting up in June of that year. They both fell in love at first sight, and by February 1969 were married at Stanborough Park Church.

Fifty years on, David said, 'Still feels like yesterday ... ' as he gave a short speech

in the process: not one kiss, but two kisses! David recalls it being snowy on their wedding day, at which point Anita interrupted David to quickly throw in the words, 'It was very cold . . .' sending the congregation into laughter. Pastor Roger Neal was David's best man at their wedding, and David remembers their car getting stuck in the snow and Roger having to push their car to free it up to get to church on time. David and Roger still keep in touch, taking moments to share their special nemories.

David and Anita have two daughters, Sue and Bev, and four grandchildren. David and Anita are the longest-serving members of Swindon Church, and their service to our God in Heaven and us is beyond measure. Please join us in wishing them well. VIVIAN ZINYEMBA

Ten days of blessings at Reading West

When a church experiences its first service of baptism it is a landmark.

Timothy Suubi Graham, Joel Douglin Okello, and Benesha Nsaiiu declared their love for Christ in a series conducted by Pastor Trevor Thomas on 19 January. This was the peak of the 10 Days of Prayer experience led by Sindile Mabena, Sindile, a member of Reading West Church and an elder, is currently training at Newbold College for entry into pastoral ministry. Each evening she shared with both members and visitors the joy of living in a deep and close relationship with Jesus.

For Reading West members it was a great start to 2019. We hope and pray the trend will continue. GEORGE DE SOUZA

Exeter university student baptised

Olivia Zuu is in her final year as a law student at Exeter University. She has been supportive in the Sabbath school and has endeared herself to the Exeter church membership. Following baptismal studies with Pastor lan Lorek and his wife, Romolà, she was baptised on 16 February. Olivia is the voungest daughter of Emmanuel and Winnie Zuu, who attend the Dorchester church, and they were delighted to see their





daughter take this important step.

In his sermon Pastor Lorek likened baptism to a graduation, as an important step on the Christian way. He recollected experiences in the Bible from the example of Jesus' baptism to His discussion with Nicodemus about being born of water and the Spirit. He said that Olivia had chosen the best way for her life by choosing to follow Jesus. Quoting from Isaiah 55:6, Pastor Lorek encouraged the congregation to 'seek the LORD while he may be found: call on him while he is near' (NIV).

Olivia was welcomed into fellowship by Pastor Lorek and Stella Jeffery. Olivia later wrote to the writer, saying, 'It was a blessed day and I am proud and happy to join the church family officially and continue my journey with God.' The Exeter members wish her every blessing as she continues that journey. STELLA JEFFERY

Wandsworth Pathfinder joins National Children's Choir

Anya Stewart is the daughter of Astra and Michael Stewart, who attend Handsworth Seventh-day Adventist Church and are extremely proud of their daughter, for she has gained a place in the National Children's Choir of Great Britain for 2019.

Anya started singing lessons in September 2017 when she started at Blue Coat School in Birmingham, and previously sang with her church choir. Anya loves everything about singing - performing, singing with friends and composing her own songs. To join the National Children's Choir, Anya had to go through an audition process which involved singing one song from memory, some aural tests including musical memory tests,



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singing chords and some sight singing. Being a part of the choir will give Anya the opportunity to enhance her choral singing experience. She will attend two residential week-long courses this year during the Easter and summer holidays, both of which will end with a concert performance. There will also be several other performance opportunities throughout the year. Anya is really looking forward to the residential courses, and to making new friends, all with a similar love of singing! YVONNE CHAMBERS

'Friends – I'll be there for you?'

In the first of many sessions from the relationship series, the Hackney youth team presented 'Friends - I'll Be There for You?' to a packed audience on the afternoon of Sabbath 9 February.

The format of the sessions was split into three parts. The first was a series of icebreakers which aimed to get everyone mingling to know each other better, and also to build bridges between the generations while demonstrating teamwork.

The second part was a talking point, which was led by guest speaker, Jermaine Wong, founder of Final Call Productions - a





Christian theatre company that seeks to inspire, engage, encourage and inform its audiences through drama, theatre, film and poetry. Jermaine spoke about the friendship of David and Jonathan, which was based on their mutual respect for God. He said, 'A friendship has to be more than having a few things in common, but should rather be based on souls being knit together for God, as demonstrated in the friendship of David and Jonathan?

The session then came to a conclusion with a takeaway given to everyone by the youth leader, Rebecca Marshall. On the importance of friendship she said, 'A friend is more than an acquaintance, but rather someone who encourages us on our life journey and ultimately leads us back to God.

The Hackney youth team are thrilled that this new series is scratching the youth where some are itching. DARELL J. PHILIP

Adventurer Bible Experience – Union Final at Newbold College

Imagine a large hall filled with more than forty teams consisting of six Adventurer-age children in each team. Imagine the noise! Then try and imagine that same hall with that same large group of children concentrating deeply on answering difficult Bible questions about the Gospel of Luke. You have imagined the morning of 9 March and the Union Final of the Adventurer Bible Experience in Newbold College of Higher Education's sports hall.

Children had been practising for months in their teams. Some, like Coventry, used weekly tests on WhatsApp to meet together over the internet and be tested. Others took a more conventional path and gathered together on Sabbath afternoon as clubs to learn and be tested on the Gospel of Luke. Most teams had adult coaches guiding teams; Rochdale used the services of two young ladies from their Pathfinder

club. Blessing Marasha (a Friend in the Pathfinder club) and Yara Fernandes (a Companion) led their charges to a very well-deserved first place.

The morning's test, comprising 30 questions, took the form of specific questions about the first twelve chapters of the Gospel of Luke. Pastor Ikwisa Mwasumbi, the North England Conference Pathfinder Director, was paired with Pastor Gene Clapp to read out challenging questions. Teams gave their responses in writing to 'graders', adults who collated results from teams.

Cheers all around

The hall had been quiet until the thirtieth question. The last question allowed pent-up excitement to flow. The children cheered. The end had come. Results were gathered and checked as Adventurer-styled worship continued along the theme of Luke. While the Adventurers might not have appreciated a sermon on the meaning of the parables of the lost sheep and the lost coin, they certainly appreciated the story of Pastor Armando

Miranda (Jnr), the North American Division Pathfinder Director, about a lost lamb, and a highly animated tale about



a lost pound coin destined to buy a bike. The latter story was told by Pastor Gene, the Pathfinder Bible Experience Director at the North American Division.

Results arrived and were announced. Many clubs gained 'first place'; slightly fewer clubs took 'second place'. The response as clubs were called to collect certificates and pins showed that this was no competition to beat the performance of another club. There was great delight from all around the room as each club was rewarded for excellent work.

Parents and children studying together

The North American Division is the place where the Pathfinder Bible Experience began some years ago. Pastor Clapp from that Division, the Pathfinder Bible Experience Director, noted the impact that the Pathfinder Bible Experience has had on the whole of the American Division. Parents











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and children are studying the Bible together - when they didn't before. More than 300 Pathfinders who know the Bible well have been baptised. Perhaps even more significantly, whole Conferences and groups of Conferences have gathered to work together when before they might not have had that opportunity. Barriers between people have been broken down, and there has been a strong unifying force at work within America as groups of children have excitedly studied the Bible together.

Tabby Magwizi, a leader from the Aylesbury church, reported that the children in her church really wanted to learn about the Bible, and that this had prompted parents to read with their children. Leonardo, from Newport in the Welsh Mission, said that he loved learning things, while young Alistair (aged 4), a very helpful boy from that club, was really looking forward to taking part in the Adventurer Bible Experience next year. Princess Mathea, aged 8, and a member of the Filipino International Church Blue Team, said of ABE, 'A very good experience for every Adventurer. We have short memories, but this way we get to know the Bible more and more.

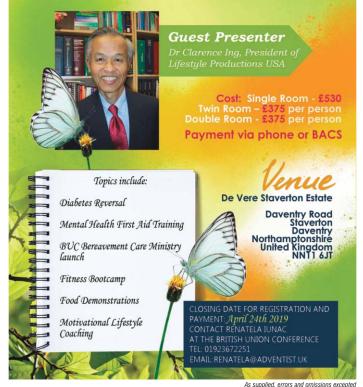
Bogdan Stan, Pathfinder Coordinator for the Irish Mission, noted that in his experience an involvement in PBE (and ABE) by a church 'triggers everything'. The clubs that took part in the Pathfinder Bible Experience last year have so enthused the Irish Mission that now there are six more clubs taking part in the wider activities of the Pathfinder organisation in Ireland. Bogdan notes that it is 'not the entertainment – it is not the activity of Pathfindering - that has developed interest in God. The study of the Bible through the Adventurer and Pathfinder Bible Experience has led children to God because God had spoken directly to children.'

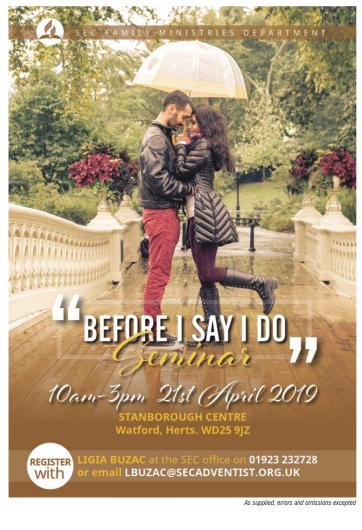
Many of the children who took part in the morning's Adventurer Bible Experience went on to serve as young ministers during the afternoon, acting as couriers for the Pathfinder teams. While too young to go on to a Division event in America, the children who had worked so hard for many weeks could go back to their home churches and reveal their excitement and their great experiences to excited church members. PETER JEYNES



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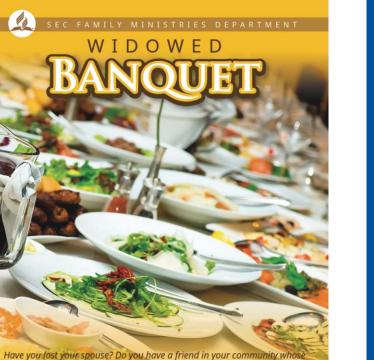






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Samuel Allcock (1918-2019)d. 7 January. A century of life came to an end on 7 January 2019 when Samuel Allcock

fell asleep in Jesus. Five months

his card from the Queen and his

telegram from the Secretary of

birthday celebrations in the care

home where he had been living

Sam was born on 2 August

the end of the First World War. He

which he saw active duty in India

and Egypt in the artillery. With his

pictures recording events on the

Returning from the war, art

Painting and drawing, he would

watercolour paintings, most of

which were given away to family

and friends. One of his favourite

paintings was a portrait inspired

prodigal son, but he also loved to

At age 33, Sam met his wife-

to-be, Audrey. As their friendship

deepened, he began Bible studies

with her father, who used to be a

Methodist but had become a

Seventh-day Adventist some

baptised in April 1952 and

years before. Convinced of the

importance of the Sabbath and

other Adventist beliefs, Sam was

by the story of the return of the

paint landscapes and other

nature pieces.

spend hours developing his oil or

artistic abilities, he soon found

himself being asked to draw

and décor became his life.

front lines.

1918, just three months before

later served his country during

the Second World War, during

State at his one hundredth

for the past two years.

previously, he had proudly opened



became a lifelong member of the Sutton-in-Ashfield church. Sam was a true disciple of Christ. He loved his Bible and regularly visited people's homes to give Bible studies.

Sam used his skills for the benefit of the church. For many vears he served as a deacon and church treasurer. As a self-trained organist, he taught the family to sing four-part harmony together at home and at church.

It was during his late eighties that Sam became a full-time carer for his wife, caring lovingly for her during the last few years of her illness. Following her death in 2010, he resumed an active lifestyle, continuing with his gardening well into his nineties His enthusiasm for gardening raises fond memories for his children. Margaret and Graham along with their spouses, Dennis and Pauline, together with grandchildren, Glen, Leanne, Lynette and Stephen – who very much enjoyed eating the produce from his two allotments.

Sam was a guiet, unassuming man who lived according to the life principles he read and understood in the Bible. God always came first, followed closely by his family. He was one who was content to be at home with his family and enjoy his hobbies of gardening and art. He was a kind and generous man, and, although never wealthy, was always willing to help others whenever he could. I think he would like to be remembered as someone who loved God, his family, his church and his neighbours, and as a true English gentleman. PAULINE ALLCOCK (DAUGHTER-IN-LAW)



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Obituaries

Zachariah Coke (1920-2018) d. 28 February. Zachariah Coke was the fifth of nine children born to Josiah Franshaw and



Jane Amanda Coke in Trov Parish. Trelawny, Jamaica. In his early years he was taught and grounded in principles of the Adventist faith. As a young boy he was known as Boysie by family and friends in his community. He left Trov School at 14 years old and took up farming to help contribute to the family. His skill at farming saw him supplying food and produce within his local community.

Zachariah travelled to the USA to work on the farms. In 1946 he married Bernice Hyman. Zachariah remained an active Seventh-day Adventist right up until his passing at 97 years of age.

In 1957 he arrived in Great Britain, soon to be followed by his wife and children, and became a member of the Brixton church. In 1987 he moved his membership to the newly formed Battersea Seventh-day Adventist church.

He served the church as a deacon and missionary worker in the community, visiting the sick and instructing the young. He was a champion Harvest Ingatherer. Always smartly dressed and well spoken, he enthusiastically shared his many testimonies of God's blessing from faithfully returning his tithe. He had a remarkable memory for quoting Bible texts, and stories from his family heritage, memories which he diligently passed on to the younger family members. He felt it was important that they not forget their family history and roots. He was the author of two books. The Life and History of Zachariah Coke and A Little Pebble of Memories, both treasured by all the family.

He was a hard-working and conscientious father, caring for eight children (five boys and three girls), twelve grandchildren, six great-grandchildren and one great-great-grandchild.

Zachariah fell asleep on Wednesday 28 February in the presence of his beloved family. As a loved member of the Battersea church and those in the local community, he lived a long and wholesome life. During those 97 years he served God and his fellow men with all his might.

His final testimony was, 'Let us all hold on to the profession of our faith as we look forward to the blessed hope of our sooncoming King when we shall look on His beautiful face.' DOREEN COKE

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Sunset

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April	5	7.40	7.52	7.46	7.59	8.07
	12	7.52	8.04	7.58	8.13	8.21
	19	8.03	8.16	8.11	8.27	8.34
	26	8.15	8.27	8.23	8.41	8.47

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